

Manitoba First Nation Addiction Committee Quarterly Meeting
Charter House, Winnipeg, Manitoba
Sept 11 – 13, 2007

Present:

Ed Azure – Nelson House Medicine Lodge
Peter Constant – Cree Nation Tribal Health
Bonnie Lounsbury – Independent South
Eli Beardy – KTC
Linda Grieve – SERDC
Nora McLeod – Independent North
Renita Paul – WRTC
Mari Stagg - IRTC
Bertha Fontaine - NACM
Marcy Richard – FNIH
Derek Harper - ILTC
Grace Mentuck – arrived in afternoon - DOTC
Maxine Stevenson – Peguis Al-Care Treatment Centre
Walter Arthurson (pm arrival)

1. Opening Prayer & Introductions

Ed called the meeting to order. Nora opened the meeting with a prayer.

2. Review & Approval of Agenda

Eli/Bonnie moved to accept the agenda – Carried unanimously

Motion # 1: to accept minutes as presented Linda/Eli carried

3. Review & Approval of Previous Minutes

Motions and actions were reviewed.

4. Business Arising from June 07

- Web site – Marci carried out motion # 3 and is now waiting for feedback on the web design mock up. Discussion took place. Web master will be invited to meet with us to discuss our ideas. Marci will invite her Thurs am
 - Present draft (sacred tree) is too identified as environmental
 - Need something to identify First Nations
 - Suggestions- Teepee (house of the “Indian”) black, with sun behind, lighting bolt into Teepee (symbolizes sun – healing, lighting represents healing or return to ancestral practices, lighting up our home – changing the teepee to a different color, bear-paw as links, eagle, four colors,

- ♣ *Jennifer joined us on day 3 to discuss our wants and needs (as above). If we change the 2nd draft, we will have to enter into a new contract. The website does not necessarily have to have the logo. The logo is a second task.*
 - *Discussion – need logo – need to get website done. For expediency: keep sacred tree – make it a Evergreen, put in explanation of the sacred tree, medicine wheel medicines, etc. , add the 4 colours, make the medicine wheel more like a medicine wheel that we would recognize. The bear symbolizes connection to the medicine plants which is connected to the tree Make MFNAC in upper case. The pine cone could be the links. Teepee – with feathers as link mark*
 - *Vote was taken - we will go with evergreen tree, medicine wheel in background –yellow sun with connectedness lines in the four colours (North – white, east is red, west- blue, south- yellow and feathers as links – with write up on the symbolism. The tree/sun/medicine wheel will be our logo*

Motion # 2 : That MFNAC approve the revamped website/logo as discussed at Sept 07 Quarterly Meeting. Eli/Derek carried

- Letter to NNAPF – Done
- TOR – Tabled to day 2
- Contract for \$5,000 to acquire CDS # - done.

Action #1: Marci: CDS Report will be e-mailed to committee members

- NNAIMS meeting – Jackie Spence of Nelson House did not attend for personal reasons. Robin Dupuis was contacted to let him know – information will be presented by Marci later today
- Crystal Meth RCMP presentation – position is vacant.

Action #2: Marci - invite will be extended to an upcoming MFNAC meeting when the position is filled.

- Newsletter

Action #3: Linda will submit newsletter draft to webmaster by Friday (August newsletter).

Action #4: Marci will send info to Linda on who to connect with.

4th newsletter needs to be re-assigned – Gloria did not get it done before she left her position. Discussion took place regarding the merits of focusing only on one tribal council per newsletter. It would take over 2 years to highlight all tribal areas and treatment centres in Mb. It was agreed that this may not be the best. It was then suggested that one person take on the roll of editing and submitting to Jennifer Cook of Cats in the Bag.

Action #5: Each committee member submit articles on things like Best Practices, Upcoming Events – training, conferences, intake dates, meetings, for Tribal Councils and Treatment Centres, FNIHB updates to the identified quarterly person responsible (editor). The editor will be responsible to ensure there is enough info submitted and that the info fits in 2 back-to-back pages. The editors will be:

Linda – September

Renita – Nov (Christmas)

Susan – Jan

Eli – March

- *Jennifer joined us on day three to clarify the template (Four sides). The look and feel will follow the web page. If there is an article too long for one newsletter and could be continued to the next newsletter. The articles & images will be forwarded by all to the editors as listed above. They will compile the info and then send it to Jennifer Cook at catsinthebag@shaw.ca*

Action #6: Marci will forward the list of newsletter ideas to members again.

- Letter from **AFM regarding free training** – Marci followed up and letter will be done asap. The delay is as a result of dealing with several AFM regional offices. There is a charge for the training identified in the AFM Training book. The Stages of Change, Motivational Interviewing etc. SASSI, is available to individual regions – based on what they can offer.

Action #7: When Marci gets info on AFM training she will e-mail/fax it out.

- MFNAC recognition for **Eli's work** on the Gambling Conference. Card is “lost in mail”. In lieu of card, feedback was offered to Eli in person.
- **Wellness Diploma** – on agenda later today
- **Wait time** – letter was to be sent out by Marci to encourage workers to maintain stats, has not been done.

Action #8: Marci will send out letter with template to encourage workers to maintain wait time info. Once we get the info, we will draft a letter to send to headquarters to identify the issue with a request to increase the number of beds, or increase out-of-province travel or other thoughts.

Suggestion: Contact Treatment Centres to determine length of waiting time. Each Tribal Council gather information following the templates. The information can be gathered

retroactively from last year. All Treatment Centres (NNADAP Funded and Provincial funded) need to be included. Info regarding why the Treatment Centres were chosen (ie gender specific, youth, language, etc) needs to be included in the information gathered. The template needs to include # of out-of-province referrals. It was decided to bring the draft template to the table to request approval to be sent out.

Action # 9: The form was worked on by Ed and Linda and then reviewed by whole group. After much discussion on the variables and roles of the workers, treatment centre, and the client, it was decided to sent it back to the sub committee (Ed, Linda, Marcy & Gloria)

- **Professional Development Committee** met and will present later today.
 - Reviewed PD plan made some alterations – see attached.

Motion #3: That MFNAC approve the Professional Development plan as presented and amended at the Sept 07 Quarterly Meeting: Computer Training Jan 28 – Feb 1 –North /South, and the training identified for delivery by AFM on dates to be determined (SASSI and Illicit Drug) for a total budget of \$84,000 pending confirmation of CAS Printing Cost. Linda/Renita Carried

Action #10: Marcy to determine if Northern computer training can be done at the University College of the North.

Action #11: Marcy is to confirm three dates of AFM availability, which will determine the Drug/SASSI training

Action #12: Marcy to determine the CAS Maunal printing budget – and info to be distributed for further discussion regarding Computer training (PD Committee)

- **Conference:** Contact will be made with Jeanette Thomas of AMC to request their assistance to plan the conference. This planning will be deferred to the sub-committee. Bertha, Rinita, Grace, Eli

Motion: That MFNAC sponsor a 2 day conference with the budget amount of \$190,000 (enhancement funding) to take place on March 4 & 5, 2008 and that the MFNAC sub-committee Bertha, Grace, Renita, Eli work with AMC – Jeanette Thomas to establish the draft agenda, location, bookings, etc. This is to be finalized by Dec quarterly meeting. Peter/Derek carried

- Clarification regarding the **sub committee noted in action # 19 of June 07 minutes:** sub committee was established to research and recommend a strategy for clients who may require a “Step Down” program

Action #13: Ed, Bertha, Gloria, Susan, will meet before next quarterly meeting to develop “Step Down” Treatment /De-tox strategy – including Methadone. Strategy will be presented at next meeting.

Action #14: Marci will arrange for a guest speaker on Methadone Treatment.

Motion #4: June meeting had Quorum and due process was followed therefore the motion to identify Ed Azure as NNAPF representative and Linda Grieve as alternate still stands. Bonnie/Renita carried with one opposition.

Action #15: – Ed will ensure that TOR be reviewed to ensure the process includes how to identify the NNAPF representation from MFNAC.

5. FNIH Report

i. FNIH Update

- a) Mb Region –lots of changes. Jim Mair is finished as Director of Community Services of Sept 21. He will be assigned a special project. New appointment will take place immediately. Shuffle of admin staff – April is no longer admin support person. Louise Lavallee is in place. Her contact info is on bottom of travel authorization. She is shared with ADI. Marci will invite her on Thurs –or Dec. to meet the group
- b) April 1/08 –prgms. are being re-organized to reflect the CA reporting requirements. Mb. Changes are being rolled out before Christmas.
General Admin

ii. Professional Development Opportunities /prescription drug conference

- a) National Conference call took place in July – NIICHRO will be holding conference Nov 16 - 18 in Edmonton. Because it is a NIICHRO conference – it is targeting CHR’s. However there will be 50% of the seats held for NNADAP – as long as they pay to attend. It is hoped that front line NNADAP workers have the opportunity to attend. There will be 12 seats guaranteed at the conference – costs will come from NNADAP regional O & M funds. Registration is \$450. -This despite NNADAP funding the conference. It is certified training – those that receive certificates can put it towards the Addictions Certification (CDS). The agenda is on the NIICHRO website. We need to decide who should get sponsored. There is enough funds in O & M

Motion #5: to sponsor (registration, travel, accommodation & meals) 14 Manitoba community level NNADAP Workers from regional O & M budget to attend NIICHRO conference Nov 16 – 18, 2007 in Edmonton, Alberta. Eli/Bonnie. carried unanimously.

Action #16: MFNAC members submit names of who is to be sponsored. The person sponsored will need to be able to share the information. Deadline for name submission will be Sept 17, 2007 by 4:00. After 4:00 it will become a free-for-all, first come first serve.

Introductions were made for the new member in attendance – Grace Mentuck of DOTC.

iii. National Native Addiction Information Management System.

- a) Next steps – implementation and maintenance will begin in Aug 07 – Oct 07
- b) Info will be reviewed
- c) Decision will be made if implementation will take place in Oct 07
- d) If it does not prove to be appropriate, a new system will be purchased off the shelf and new round of roll out will begin.

iv. FN Wellness Addiction Counsellor Certification Board

- a) FNIH offer is signed to cover cost of application for certification. Commitment is for up to \$10,000. per year. Because CDS is in final year, and is being rolled into new program National Anti-Drug Strategy beginning in 2008.
- b) List of applicants was distributed. The feedback is that the applicants are getting feedback on where they stand for certification (what courses are still outstanding, etc). Most applicants are certified at level one, some at level two and one at level three (three being the highest level attained).

v. Community Centred Therapy Program update

- a) Marci meets with the students each modules. One issue is that those students who work shift work, have to return to work once they have been. The matter is deferred back to the employers. It is a workplace policy issue.
- b) Sept will be the 7th modules. There were 2 replacements that did a special catch up module in August 07. From now they will be attending modules once a month until March 09. There is still 15 students. There will not be able to replace any further withdraws. They are fund raising for grad. There is no built in budget from tuition for cost of grad. MFNAC has sanctioned CCTP and in fact sponsored the 15 participants. There is a need for funds to cover real graduation costs.

Action #17: Marci will request a class budget (include travel for graduates and a special guest) for the purpose of examining graduating costs for possible supplement from our budget.

- c) Hotels have been set up for trainees to be able to walk or take the bus to the training site. Therefore there will be no taxi cost reimbursement. Trainees have been informed of this.

vi. Regional Needs Assessment

- a) First step in a four year process for a complete NNADAP evaluation
- b) This evaluation will be a separate process from the 1997 NNADAP review.
- c) The tentative time frame is from Jan 08 to Oct 08
- d) E-mail was sent to us this week. Process is in place to enter into a contract with an aboriginal agency/individual(s). Needs the names of who will be invited to submit proposals. The group suggested the following to be invited to submit proposals after a meeting to explain the task at hand:
 - a. Mel McKinnon
 - b. Darrel Philliips
 - c. Virginia Arthurson FNERC
 - d. Micheal A. Hart 204 799-6832
 - e. Mel & Shirley Chartrand
 - f. Lyle & Brenda Longclaws
 - g. Rainey Gaywish
 - h. Beatrice Miller – 204 546-2656
 - i. Wayne Christian

Motion # 6: That a sub-committee be stuck to provide direction and input in the regional needs assessment up to and including the national NNADAP evaluation and that the sub-committee members shall be:

- j. Treatment Centre rep – Ed Azure
- k. Prevention rep – Eli
- l. FNIH rep – Marcy

Maxine/Nora carried.

Action # 18: Marcy is to send out on-going info to other committee members.

There will be an official report on where FHIH is at with the 37 recommendations from the 97 Review. Marcy will share this with us when she gets it.

6. Indian Residential School

- a. Eli shared with us that he attended a meeting in Moncton. There was low representation from Mb. First Nations. The survivor's package is for \$10,000 + 3,000 for each year attending. Documentation demonstrating attendance of said residential school, medical #, & treaty #. IAP can allow survivors of residential schools to apply for compensation for various abuses. Eli has the written documentation. Mb. is behind

in the roll out of the process – treatment, healing, accessing the funding. Once there is accessing of the funds, there will be an onslaught of emotional needs. Eli’s concern is that folks will not access the various services and funding available.

- b. Potential for social and economic disruption because of the fund payout and the emotional response to the process. There was a conference held in Wpg in May where 1600 attended from across Canada. As a result there was a National/regional strategy to maximize benefits of the money coming in and minimize the negative effects of the funding coming in. The final report is on the AMC website. It is a tool to assist workers in helping individuals and communities to best plan. We are urged to get a copy of the report.
- c. Sylvia Meullar is the regional contact person for the residential school program.
- d. Linda shared that SERDC has the issue is on the agenda of their next Quarterly Health Mtg – including financial advisors on RESP’s, GIC’s, wills, etc.
- e. Eli provided us with handouts from AFN and CESO

7. Gloria Rach – Prescription Drug File

- a. See handout
- b. Discussion:
 - i. Possibility of using Treatment Centres as community
 - ii. CODI philosophy?
 - iii. Next Steps
 - a) Form sub committee of the Treatment Centre Pilot Project Group?
 - b) Authorization from each Treatment Centre?
 - c) Training of Prevention workers at conference

Motion #7: That MFNAC support the notion that the Manitoba NNADAP Funded Treatment Centres be identified as the “Pilot Community” for the DUPPWG site; and that the following MFNAC members constitute the advisory sub-committee to the DUPPWG initiative:

- 1. Peter Constant on behalf of prevention intervention and after-care.
- 2. The 5 Treatment Centre Directors or their alternates.

Linda/Bonnie - carried

8. 07 08 Workplan update

CAS Manual is to be copied for each NNADAP worker and treatment centre in Mb, for NNAPF, and for Headquarters – 200 copies. There is currently a budget of \$25,000 set aside for the printing and burning of CD’s – We will take the extra funds for professional development

Motion #8: MFNAC approve the printing & Burning of CD's and distribution of 200 CAS Orientation Manual. The manuals will be distributed to Mb NNADAP network, NNAPF, Health Canada regional distribution and Health Canada Headquarters. Eli/Susan -carried

Discussion took place regarding the previous meeting's discussion
Action: Marci will approach All-Nations to print and burn CD's

Action # 19: Ed to e-mail Marcy draft standing agenda

******50k – referral service on line**

9. NNAPF Report

i. HR Planning and Capacity Building Conference – Feb 08

Bridge the Gap between Decision-Makers, Researchers, and the Front-Line Wellness/Addictions Workforce entitled *Health, Addictions and Mental Health/Wellness - Joining Forces for Tomorrow*: February 24-28, 2008 at the Ottawa Marriott Hotel. Linda has indicated she will participate as a planning committee member. The meetings will take place via teleconference. MFNAC members set your calendars!

ii NNAPF quarterly meeting coming up in November Edmonton.

Ed will follow up on communication issues – website, newsletter, etc.

Ed will do a Mb.FNAC report

ii. There is a call for excellence nominations to be recognized by NNAPF. MFNAC members have been directed to the website:

<http://www.kaiserfoundation.ca/awards/nominations.php> to retrieve the nomination dates

. NNAPF's Deadline is Nov 16 07.

Action: Send nominee bio's to Linda for her to coordinate a regional section of 1st, 2nd, 3rd choices. Our deadline is Nov 1

10. Crystal Meth Strategy –deferred to the Conference Planning sub-committee.

Discussion took place on FASD resource workers and their need for training. If numbers allow, the FASD Resource Workers would be invited??? There will be further discussions held based on the variables of cost, space, etc.

11. AMC FASD Working Group

11 mentoring sites in Manitoba,

12. MAAW Update

i. Unable to attend the most recent meetings, but the MAAW packages should be sent out soon.

ii. NAAW – clarification regarding the national program coordinated by Neechi was requested from Headquarters, however the packages have been received.

13. **MCWWG Wellness Diploma Revision Update** –Renita attended. Rainey Gawish is back in her position. U of M did survey that identified mental health and addiction as missing components in the Wellness Diploma Program. The AFM courses are now being reviewed to ensure accreditation by |U of M, FNIH, AFM,.

Motion #9: That the most recent MFNAC representative to the Mb Wellness Diploma Reviw Commmittee,Gloria, is no longer with MFNAC, Renita be now appointed to represent MFNAC interests. Peter/Bertha carried

TOR review

Motion #10: That the MFNAC approve Terms of Reference as revised at our September 2007 Quarterly Meeting Eli/Peter carried

Action #20: The chair lobby AMC, MKIO and SCO for their support of the revised document.

Motion #11 : In that MFNAC has adopted the updated and revised TOR, and that the executive position of secretary is vacant, members present agree that Linda Grieve will fill this position for the term effective as of this date. Nora/Mari Carried (one abstention for conflict reasons – Linda)

Nominations for Vice Chair are now open:

Nominate Susan - declined

Nominate Bertha - accepted

Nominate Renita – declined

Nominate Eli – accepted

Nominations are now closed.

Vote was made, ballots were counted and the declared new Vice Chair is Eli Beardy

14. Program Issues

a. Treatment Centres

In order to establish what information needs to be included regarding prescription drug abuse research, there is a need to overhaul and establish standard intake form questions.

Action #21: issues of wait time, DUPPWG, and bed utilization rates are deferred to the Treatment Center Directors (sub-committee) for them to address their concerns, and then sent back to the respective sub-committees.

Action #22: Marcy to coordinate the sub committee meetings based on the sequential information flow.

b. Tribal Areas – Prevention

15. Drug Court – Pat Simard 11:00 Thursday

Bertha introduced Pat to share information on the drug court. – Program Manager of Wpg Drug Court – in place in 2005. Started in Canada in 1999. Most Canadian cities now have Drug Courts. See Hand out Original target was Aboriginal Women in Sex Trade, but it wasn't effective because the sentence was often less than one year. Anyone can refer, but lawyer needs to do the paper work. Client must plead guilty, They are assessed to determine eligibility. They must participate or go back to court system. No violent crimes, adults only, no sex offenders – both male and female. The client breakdown is about 70% Aboriginal. Uses initial screening and SASSI 3 & Mental Health Screening – implements CODI guidelines. Most charges are trafficking, Fed Justice fund the pilot project. It is offered only in Wpg. Toronto found that 40% of those that go through drug court re-offend as opposed to 60% re-offend without the court. If the client is not accepted, they are referred elsewhere. Special consideration is given by Mb Housing if client is in Drug Court. Relapse Prevention Matrix Model is used. Three workbooks are used from Hazeldon regarding addictions and criminal thinking. Case Management is high. Weekly 1-1 sessions, plus self help, court weekly, group at least 2 x's, drug testing,(dipstick testing for opiates, benzan, cocaine, and alcohol costs \$15) . Marijuana is different testing. Graduation: needs to be clean for 4 months – with exception from marijuana and alcohol – can graduate without honours. –must be employed, in school, or volunteering in meaningful way. Goal is abstinence, but program is harm reduction. Clients can re-enter program and can keep contact as alumini. There are now 3 counsellors and one admin person. It will increase by one counselor. In court, after the first session, the judge speaks with the client. The only time the lawyer is involved is if the court order needs to be changed. Both crowns can refer.

Rules of participant was handed out. Has funding for child care, food, books, hygiene products, housing, tuition, housing supplementing, employment enhancement opportunities, literacy opportunities, family violence, parenting supports. On AFM's website as a link. When a client is in treatment, they do not have to attend court. Dip sticks? Medox. If a potential client indicates interest in participating in prgm from out of city, it can be sent to the drug court if the client is willing to re-locate to Wpg. Open court on Tues. at 1:00 at law courts. Currently has 23 and wants to go up to 45 participants. This MFNAC group can start referring people. Pilot project is finished in 2009.

16. Upcoming meeting dates

- i. 3rd and 4th quarterly meeting
 - a) Dec 5 & 6 in Winnipeg (PLR)
 - b) March 6 & 7 08
- ii. sub committee on Step down & Methadone policy/ philosophy – assigned to the Treatment Centre sub-committee