

MINUTES
MANITOBA FIRST NATIONS ADDICTIONS COMMITTEE
DECEMBER 5-6, 2007

1. Opening Prayer & Introductions were completed.
2. Review & Approval of Agenda was done with minor changes from the template sent out on Nov 14/07

Motion #1: To approve the agenda as amended.

Linda/Mari – Carried

3. Review & Approval of Previous Minutes – Minutes of Sept 11 – 13 07 approved as amended. Linda/Nora carried
4. Business Arising Previous Minutes

Actions were read

Action #1 – Marcy to distribute current (Dec 17 07) CDS numbers to MFNAC members. This pertains to NNADAP numbers of who is striving or has certification.

#2 – The RCMP member responsible for Crystal Meth has just come into the position. Marcy will invite to March meeting

#8 - 12 – report to MFNAC will be done today regarding wait times

14 When it is appropriate, Marcy will invite someone to do a presentation on Methadone Harm Reduction to MFNAC. Discussion: Methadone – should not be administered outside hospital. To be revisited by end of meeting.

18 37 recommendations update – Marcy will provide info when it is released from Headquarters

20 – Ed is still working on AMC SCO and MKIO support for MFNAC Terms of Reference.

Action #1: A letter to be written by our Chair to AFN to request input in the 37 recommendations (cc to Headquarters) – attach our 2001 response document – by noon on Monday

5. NNAPF Report/Update – Ed/Marcy
 - a. Ed is unsure regarding future participation at the NNAPF table. An overview of the November meeting was provided by Ed, all regions were in attendance with the exception of Ontario. Regional interests related to language issues e.g. french and inuit. The appearance of micromanaging by the Chair became clear as the meeting progressed. The group welcomed Ed, but as issues were

raised the response provided did not appear to address the original issues.

Ed provided further updates from a Governance meeting that was held in Saskatchewan in June, and new processes were outlined.

Management appears to be re-patriated from the Board. Vision, mission and governance issues were passed at meeting in November in Edmonton. Potential for on-line meetings were reviewed. The NNAPF office has secured \$200K for a project in the central/South America rain forests.

NNAPF's governance practices are currently under review. Ed is participating on the Policy committee.

A clear separation needs to take place on NNAPF's micromanaging of national issues. The updated website should be online now or in the very near future.

Ed's overall feeling is that he will participate on the committees and let Linda take over the board seat. Ed further reported that Carol Hopkins has met with the Healing Foundation and they have directed NNAPF to publish as this will gain back some lost credibility.

Discussion occurred on the concerns that continue to be raised by the representatives from northern Canada. Suggestion was to review NNAPF's website and review their mandate to ensure that northern Canada is part and parcel of the NNAPF mandate. This was confirmed by viewing NNAPF's website. NNAPF has agreed to communicate on behalf of the northern representatives.

Motion #2: A letter of concern be written by MFNAC Chair and sent to NNAPF Executive Director Carol Hopkins and cc'd to NNAPF Board. The letter is to inform NNAPF of our specific issues on:

- accountability,
- transparency (website needs to include NNAPF workplan, regional reports, board & executive minutes, audit, etc.),
- actual or perceived conflict of interest violations (chair of the board/CEO/Chief) ,
- management processes,
- governance issues (Questions are be asked regarding the need for the CEO position and how it came to be)
- hiring processes of the E.D.
- questions on workplan development

- concerns regarding Territories' needs not being addressed – when NNAPF has the mandate to do so.
And furthermore that if we do not see tangible outcomes by the MFNAC Quarterly meeting in Sept 08, we are prepared to direct our regional NNADAP Consultant to initiate a process to repatriate funding back to Regional NNADAP O & M.
Peter/Susan – carried unanimously

Action #2: Ed will draft letter, e-mail it committee for feedback by early next week and send it by Dec 14 07.

Action #3: The assessment tool distributed at the NNAPF meeting will be used as a template.

Action #4: MFNAC members conduct self assessments and meeting assessment after each MFNAC meeting.

- b. Workforce Forum February 2008
Information was provided that NNAPF will be hosting a Workforce Forum during the last week of February. Marcy shared that she will be doing a joint presentation at this event with Red River College and the University of Manitoba to share information on what Manitoba is doing regarding education/training/certification of our NNADAP workers. Marcy further shared the HQ will provide funding for Manitoba to send representatives to this event.

6. Report / Updates

- I. FNIH Update- HQ held meeting in Ottawa Dec 7, Carol H shared the vision of NNAPF and what they hope to accomplish for the professional derevelopment specific to human resource issues. Marcy referred staff of NNAPF to follow up with Aboriginal Workforce Participation Initiative (AWPI) and Aboriginal Human Resource Development Council of Canada (AHRDCC) to further seek aboriginal hr specific information. All regions had already developed their own work plan and had allocated funds accordingly, therefore there is no funding remaining in regions to send delegates to the NNAPF workforce forum.
- II. NNAIMS – Ed reported that NNAIMS is dead. HC will proceed with an off the shelf model of software to meet the needs of the NNADAP network.
- III. Certification Update- FNWACCB- review of participants and areas they originate from, Marcy confirming with MFNAC members the different levels achieved and what is still missing for certification. Mb region currently has 40 workers who have achieved or are in process of certification.

- IV. CCTP Update- we are still at 15 of 15 participants and all is going well, group was updated on the March conference, updated on CAS manual. All graduates will receive a diploma from RRC upon successful completion of this two year diploma program.
- V. Regional Needs Assessment- Updates coming from HQ soon and a meeting is set for January 4,2008 conference call @ 10:00 am. Ed, Eli and Marcy are the committee members.
- VI. CAS Update- is going out week of Dec 17 with cover letter, newsletter and info related to the wait time. Marcy will draft correspondence that will accompany Wait Time Template and send to committee for input prior to distribution. Copies will also be distributed to other regional consultants and HQ staff.

7. New/Other Business

- 7.1 PD Sub-committee update – venue to be confirmed and agenda with presenters is 99.9% complete. 120 nnadap workers attending and will be provided certificates upon completion. Conference dates are March 3 to 7th.
- 7.2 Wait time Sub Committee- the template finalized with a mix of prevention and treatment, the template is from the perspective of the NNADAP Prevention worker. Suggestion is that a treatment template will be devised to compliment the data info we are trying to access. Distribution is December 17 and the committee would like to thank Nora who initiated contact with Linda in September to begin the background work that will be required. Her input has proved invaluable to the committee.
- 7.3 Treatment Centre Sub Committee- Meeting Dec 17, 2008 this group received a presentation from the Director of Program in Saskatchewan to share information on their re-profiling. Other items up for discussion include governance structures, potential minor capital, closure dates, etc.

- 8. 1:00 – Gloria Rach / Marcy Richard DUPPWG UPDATE
Gloria shared that there has been a change in direction that was received at the Edmonton Prescription Drug Conference. We are not able to have the Treatment Centres participate in this pilot as previously approved. We need to focus on prevention and promotion (not intervention). We are now back to identifying a pilot site or two and moving forward as other regions have.

Marcy further added that further discussion occurred with Ryan at the CCSA Conference in late November but without success. She informed him that we would likely proceed with doing the TC's out of a different fund. There is a process in Headquarters that we can access. Senior management within Manitoba Region wants the

initiative to proceed. Because Gloria is DUPW, she will not be able to proceed with the TC initiative. She is disappointed.

Recommendation: Go to the source of the information, identify capacity and potential to address problem. Some communities have the capacity but not the need, others have the need but not the capacity. We need to focus on a community that can move forward.

8. NICHRO Conference

Susan and Gloria participated at the NICHRO event and shared information on the conference. A manual "Weaving Science with Traditional" was distributed to groups to read through. This is what occurred in each workshop. The drugs being abused in Mb. There is a booklet that the CHR's received which we can copy. Certificates will be mailed out to participants.

9. NAAW – RFP is coming from Headquarters, further they are requesting organizations who would be positioned to oversee this national initiative. Will be further discussed when new information is received.

10. Updates from other FNIH Working Groups

- a) Opportunity for AMC/FASD working group to access national funding with a short turnaround time. Linda drafted a proposal and secured funding to create FASD training materials for community workers. A contracted person will create a manual that is FN specific and will do one week of Train the Trainer for SERDC workers. Nine mentoring sites within Manitoba with ongoing training to the workers in those sites. 47 sites approved for capacity development. No FASD conference this year but will focus on ongoing training for mentoring sites. Budget of \$1.7M for Manitoba region, with \$800.0 committed to mentoring sites.
- b) Accreditation Betty Ann Lavalley, FNIH's Accreditation staff person has created a regional committee to mentor new new potential sites. CCHSA has capacity issues – NHML and NACM are both scheduled for February renewal visit dates. These dates have been moved several times at the request of CCHSA, the appearance exists that they do not have capacity to maintain their services to FNIH treatment centres and health centres. Sagkeeng has recently completed a 3 day survey. WJTC is waiting to be surveyed tentative spring 2008. Peguis is just starting the process of accreditation. The transferred centres had funds for accreditation built into their budget. Those centres not transferred (Peguis and Sagkeeng) received a budget line. A challenge that CCHSA has to deal with is specific to the lack

of surveyors. Betty Ann Lavalee has pulled together an advisory support group for Treatment Centres and Health Centres. The more interest in accreditation, the more stress there is on CCHSA to survey the facilities. There is frustration that some of the recommendations (healthy environment) are not able to be followed up – mainly due to cost. The computer portal is not working well in Nelson House but is working well in Sagkeeng.

- c) **Wellness Diploma Program Revision:** – Renita shared her update – she attended the last meeting (her first) with Marcy. Sept 08 two year training to start. Dec 17 is the next meeting. The AFM addiction delivery is now being recognized as an accredited programming and will be incorporated into the new Addictions Degree program that will see the first intake in September 08. In the future there will be both a diploma and degree offered. Renita informed the group she will be stepping down from this revision working group.

Motion #3: That Mari Stagg will serve as MFNAC's standing representative on the Wellness Diploma Working Group. Peter/Walter – carried (with one abstention – Mari)

- d) **Manitoba Wellness Working Group** Due to the fact that Bonnie Lounsbury is no longer our common committee member with MFNAC and MCWWG, it is determined that a note be sent to them to request a process to formally create a link.

Action #5: Chair to send note to MCWWG co-chairs – John Spence and Amber Ratte to request a response on how our programs can effectively work together and link our initiatives.

- e) **MAAW:** As Marcy is leaving the NNADAP Consulting position, and she was providing an representative voice for MFNAC, we need to replace her. Bertha Fontaine has volunteered to step in as a replacement.

Motion #4: The committee endorses Bertha Fontaine to represent MFNAC on MAAW Provincial Committee notwithstanding FNIHB representation at the same table. Peter/Derek carried (one abstention –Bertha)

- e) **NAAW Report:** there is a RFP for organizations to respond. – to oversee the implementation of the National Addictions Awareness Week events and administrative process. The budget would be around \$300k which would cover one staff and resource materials for national distribution.

Motion #5: That MFNAC endorse SERDC's response to the national RFP to oversee the implementation of NAAW activities. Furthermore MFNAC will write a letter of support and serve in an advisory capacity for the duration of the contract (2008 – 2011) Susan/Nora Carried with one abstention.

11. Program Updates Treatment Centres

Peguis Held addictions awareness week activities in community – partnered with University of Windsor for practicum students placed at the centre: one intern was not able to participate due to community policy of being alcohol free. Student Minister came from England and spent her full 2 week practicum at the centre. She wants to return.

They are meeting with Chief and Council in attempt to retrieve the books in order to do their own agreement. Internal audit is being done with report coming in Jan. After that there will be a decision made. There is currently a board, but has not had any control. Board was originally hand picked by previous Chief. Now things are up in the air. New Chief appears to be working collaboratively with TC. New Band Resolution has been put in place stating that all Band Staff and Council have to be alcohol and drug free. The policy is being backed by all staff being initially tested with random testing every three or four months.

Action #6: Marcy will share information with MFNAC members on the drug testing bottles she learned about at CCSA conference. They cost \$12.

Action #7: Maxine will send a copy of the alcohol and drug free resolution to all MFNAC members.

Walter will be visiting Peguis TC to see how they do the drug testing, as he is thinking of implementing a policy at WJTC.

NACM: does staff drug screening simply to demonstrate credibility. Board members are now requiring drug screening, criminal Record, child abuse check, etc. NAAW activities were done all week long. There is pride in how the staff participated. Seventy-five + participated each day.

Accreditation: Assessments were complete for accreditation. Dec 10 is the deadline for the CCHSA inputing. Feb 11 – 14 surveyors are coming.

Beds are always full with high numbers on waiting list. Even though NACM is funded for 20 beds, there are usually 33 – 35 beds occupied for each session. Outpatient is limited to 30. There is

always a waiting list. Women group is funded for 20 and they now have 10 women.

Christmas – centre is operational – there is a break of programming, but clients can attend throughout the break.

Sagkeeng Family TC: biggest workload in the past year has been accreditation process. Recently completed survey (3 day process). Resulted in partnering with community professionals and agencies, resulted in a lot of positive team building. 45 day turnaround to get feedback report. Created a culture of safety on physical level, worklife needs assessment (what staff needs to do their jobs efficiently) six cycles will be delivered next year, no longer taking 4 families each intake – it will depend on the available beds and number of family members. Has operated at 120% occupancy. Commitment of FNHI funds (\$4,000) for consultant fees to evaluate funding structure and develop proposal for enhanced funding. Moving forward – good treatment team. The treatment manager has left the centre. There is now an acting treatment manager.

Whiskyjack Treatment Centre – Walking out ceremony Dec 19 – male clientele. Will be shutting down over Christmas. Jan 4 intake for females. There was an issue getting referrals, but now they are rolling in. The communities state they don't know where Whiskyjack is. A presentation is being developed. Eli brought the KTC NNADAP workers to the centre. They received a presentation on the schedule and programs. Now the referrals are increasing. Accreditation: the staff that were involved have left the centre for other jobs. It has slowed the process. The surveyors have had to postpone as they are spread very thin. Other sites that are interested in accreditation are invited to observe the program (stay in the trailers). A permanent part of the program will now be to do a land program (7 x 4 day outings).

Q; How many clients?

A: 16 – 18

The WJTC has been receiving referrals that are younger and younger. Currently intake covers age 12 – 17. Office of Residential Care (prov) has offered to assist any initiative to address the younger sa's

Tribal Councils Prevention

WRTC – AA meetings, helping the NNADAP workers, recently hired a new worker in Keese. Delivers direct counselling service to 43 clients. Holds quarterly meetings last one was in Crane River in the

healing lodge. Got to see how their program runs. Involved in delivering programs to grade 8 and planning different programs in schools. Attends several committee meetings.

Cree Nation

NNADAP workers are very excited about the movement that has happened in the last while (computers, training, support) AAW presented in various schools and presented to over 600 students. Principal asked about drug testing in schools - (source, cost, process, etc). Next week meeting with health administrators to recommend tightening up pre and post treatment work. Address lack of coordination. Peter is pushing the workers to complete the NNAPF surveys. Had an outbreak of sniffers in one community. A family moved in that had history of sniffing, and it spread quickly. Did a SA presentation.

Island Lake:

Lot of movement with workers. Marcy met with them and it was effective. Disappointed that Marcy is leaving. Training for workers was lacking and the last while the training has helped. Suicide workers were trained. The treatment centre resolution has been passed to support the pursuit of a treatment centre – hoping something will be done soon. Working with Tribal Council and Four Arrows Health Authority to enhance communication. Did AAW activities. Got good response in the communities. Other workers delivered activities as well.

Interlake Reserves Tribal Council

Two new workers in Peguis and Fisher Branch. Holding quarterly meeting next week. Attended NICHRO conference in Edmonton.

Cross Lake

Additions Awareness Week events were run by Nora's co-workers. It was successful – church service, sun rise ceremony, RCMP presentation, CPNP & CHR presentations, talent show, dry social. Had 10th annual gospel jamboree in partnership with BFI. Worker from Norway House selected to go to NICHRO Conference – alternate went.

Did youth conference in Sept. on a & d. Maintains close contact with other workers. Met with CLO regarding reporting and funding arrangements. Requirement of a community health plan. The auditors came. Was directed to get info on drug testing for staff. Had staff fill out wait time draft form. The staff liked it – “its going to work”.

Survey was complete and faxed out.
The reporting template (stats) is going to be submitted to Health director for year end reports.
Works closely with other agencies. |Office will be closed from Dec 21 – Jan 7

SERDC

Linda was contacted by Betty-ann Lavallee the former Tobacco Control Strategy Manager, about some potential new funding that has recently become available from HQ, but that a proposal would be required. Linda created and submitted the proposal which was approved, this funding will focus on the retailers toolkit within the SERDC area. Pauingassi still a high needs community, currently working with JT to address the community needs. New NNADAP worker in Little Grand Rapids, Linda will spend a couple of days with the new worker. He is a former NNADAP worker and has the CCTP Diploma.

Ongoing discussions to review science curriculum. Linda feels they are not implementing the provincial curriculum and are missing out on acquiring the required credits.

Nelson House Medicine Lodge

Aboriginal Healing Foundation funding –PCC project (outpatient program – *roots of our pain* session) lasts till 2010. This program was used as a link between prevention and treatment. The program serves 3,000 on reserve and 1,000. NHML also administers the NNADAP Prevention program. This is a piece that has been missing from treatment programming. The centre is moving away from lecture sessions. Work-shopping - 12 sessions throughout 17 week program (include a 7 day ceremony) Seasonal land programs are now a fluid part of the program. Dec 14 is annual awards ceremony at the Ft Garry Place. The staff fund raises for this event. Staff, board members and community members are recognized/honoured for their accomplishments, contributions and efforts. Security for building has been upgraded. Post secondary student \$2,500 Bursary award has been developed for students in 2nd year of post secondary from the MKIO area to develop a pamphlet or other a/d presentation. Response hasn't been great, so thinking of going regionally. Traditional practitioner is being brought in for 1 weeks to field him. See brochure for programming. Developing transition centre feasibility study

Action #8: Let our students know what NHML decides to do with the bursary next year.

Action #9: Each committee member will present a written report for distribution at each meeting. (verbally report highlights and barriers only)

12. Other Business

Staffing Changes/updates – Marcy will be leaving for Brighter Futures Mar 31. Myra will be back to us. There has been support for Marcy.

Motion #6: The MFNAC urge Doug Mercier reconsider the staffing change respecting the Mb. Regional NNADAP consultant for the reasons of marked increase of activity, communication, training and outcomes. Nora/Renita - carried

Action #10: Ed to write letter to Doug and cc'd Ryan F. by Dec 14.

13. Closing Exercises

Next Meeting: Mar 11 – 13 08

Location: Delta Hotel Wpg