

**Manitoba First Nation Addictions Committee Meeting
June 13 & 14, 2007**

Nelson House Medicine Lodge (June 13)

AFM Thompson (June 14)

Minutes

Present: **Gloria Rach, D.O.T.C.**
 Susan Thomas, Sagkeeng Family Treatment Centre
 Mari Stagg, I.R.T.C.
 Bonnie Lounsbury, Southern Independent Representative
 Renita Paul, W.R.T.C.
 Bertha Fontaine, NACM
 Nora McLeod, Northern Independent Representative
 Linda Grieve, SERDC
 Ed Azure, Nelson House Medicine Lodge

Regrets : **Eli Beardy, KTC**
 Derek Harper, F.A.T.C.
 Walter Arthurson, Whiskyjack Treatment Centre

Absent : **Maxine Stevenson**
 Peter Constant

Guest : **Eddie Vesely**

1. Opening Prayer & Introductions

- i. Prayer was offered, and introductions were made.
- ii. Ed welcomed group to the Medicine Lodge. This morning, clients, community members, board members are out on the land at the fasting site. Some of you had a chance to visit with them this morning. Ed is very happy for the opportunity for the committee members to see the lodge and the Nelson House First Nation

2. FNIHB Finance Presentation: Eddie Vesely :

- i. Eddie is the “money guy” from the Programs area of FNIHB. He has been with Health Canada for 5 years. He is able to work with program people, and not just with numbers. Works with transfer agreements as well. Handouts were provided. Eddie reviewed the O & M and the CA forecast budget for 07 08. Note: The “Various Contracts” lines in the O & M was formerly the \$170k allocated to AEHHS. It is now for the committee to allocate. The Enhancement Funding is in year three and has increased from year to year. It is year to year funding (not A-Based). The Public Servant and Not-Public Servant Travel and

the “Other” can fluctuate from year to year based on previous years’ spending (it can go down – if we don’t spend it). The information was appreciated

- ii. Motion: to accept the NNADAP Mb Region Forecast 2007 08 Budget as presented. Linda/Gloria carried unanimously

3. Review & Approval of Agenda

- a) **Motion #1:** To adopt the agenda as presented. Bonnie/Bertha Carried

4. Review & Approval of Previous Minutes

- a) **Motion #2:** to adopt the minutes of March 21-22, 2007 as presented. Renita/Nora carried.

- Business Arising From Minutes

- Letterhead/Electronic Copy – Marcy reported that Sharon Clark responded to our request to use some graphics from NNAPF Letterhead on our Website and letterhead was refused due to copy right issues. The current NNAPF letterhead can be used, but our address can’t be added.

- ♣ It was suggested that AMC’s letterhead be used.

- ♣ It was suggested to develop our own letterhead “Mandated by NNAPF and mandated by AMC”. The Web designer could be approached to develop one.

- **Motion #3:** Web designer be requested by Marcy to develop proto types and distribute it by e-mail for our decision. Bonnie/Susan

- ♣ **Action #1:** follow up with NNAPF via letter stating continued partnership and need to restate partnership philosophy. Letter to be drafted and submitted by Ed Azure.

- ♣ **Action #2:** Invite Sherri Canada Drug Court – Bertha has already actioned this item and will be presented at our September meeting.

- ♣

5. New Business:

i. MFNAC Membership

- a) Marcy received a letter from Dianne Balfour of OCN (independent First Nation). Marcy sent her a copy of the Terms of Reference with a list of membership. A second letter was received by Dianne restating her request to attend meetings.
- b) **Action # 3:** Marcy will send a letter to Dianne suggesting that Dianne can attend as an observer at her own cost. cc Nora McLeod and Peter.
- c) **Action # 4:** TOR will be reviewed at next meeting.
- d) The issue of information not making it’s way to the community NNADAP workers from southern independent communities as well as some Treatment Centres. Requests for information and service have been requested from Fisher River, Sagkeeng and Waywayseecappo. These communities were not aware of the distribution of the computers, they were not aware of the BC Certification Application process, nor were they aware of any related SASSI training. For the short term, it was agreed to maintain status quo for southern independent

communities. It was further agreed that the Terms of Reference will need to be reviewed to clarify roles and responsibilities.

- e) **Action # 5:** Marcy has been directed by HQ to proceed with a contract for \$5,000.00 to gather the Canada Drug Strategy information that has been requested by HQ several times to Manitoba Region. But as there is a breakdown in communication and the need to clarify roles and responsibilities, the region must proceed with this contract. Manitoba is the only region not to provide complete documentation related to the 2005-06 Canada Drug Strategy.

ii. Regional Needs Assessment

- a) Marcy shared information that was received at the national meeting held in Winnipeg the last week of May. Funding will be made available to each Region, \$65,000.00. This funding will be used to conduct a regional Needs Assessment. This is new money. FNIHB has the info on how to do a Request For Proposal by this committee.

b) NNADAP Evaluation

The Regional Needs Assessment will be the first step in a three year process that will ultimately lead to NNADAP's first Evaluation. This will take place in 2010-11. Information from the Regional Needs assessment will lead to process that will be used for the Evaluation.

c) Drug Utilization Promotion and Prevention Working Group (DUPPWG)

Active since early 1990's. Other regions have been active for a number of years. Mb. Region, currently, is the only region not to have a DUPPWG file on the go. Other regions pilots are led by Nursing Directorate, NIHB, and Critical Care, etc. The decision recently made is that the file would be dispersed to each region. June 26 & 27 there is a DUPPWG national meeting taking place in Winnipeg. Manitoba's new DUPPWG person will attend this session, the new representative for FNIH on the DUPPWG file is Gloria Rach.

- d) The position will actively work on the prescription file in Manitoba Region. In Alberta the way they track double Drugging, is through a computer system with NIHB and the Province.
- e) A temporary workplan will be drafted by Marcy to show what the goals and tasks will be. The MFNAC group will be the advisory group on this file. Gloria will be contacting Tribal Councils to get our sense of the issue. There could be a briefing note identifying the extent of the problem. Direction for this file will be provided from the NIHB Prescription Drug section as well as the Pharmacist and Dr. Dave Williams with Critical Care.
- f) The other half of the position is Integration – Gloria will be working with FNIHB program managers.

iii. Reports from Sub-Committees

a) Computer Purchase

Distribution has been pretty much completed as of now. Treatment Centres received additional computers. Final distribution is underway.

iv. Canada Drug Strategy/CCTP.

- a) Training occurred for June (third module). All but one were in attendance. Modules will continue throughout the summer. Best attempts will be made to support all trainees for success. Most are doing great. Trainees are very much enjoying the training. Graduation is March 09.

v. BC Certification Update:

- a) A list of who sent in applications from Mb. was distributed. There are 36 on the list. There is a process underway to cover the \$200 fee to review for certification from FNIHB – Mb Region.

vi. NNAIMS

- a) Fox L, Nelson House, Brokenhead all received computers under this project around 3 years ago circa (2005). NAIMS working group is meeting in Ottawa on June 21, 2007. NHML Treatment Director – Jackie Spence will be attending on behalf of Ed. The purpose is to plan phase II. There will be a presentation of the re-worked system.

Action # 6: Jackie to ask at the June 21 meeting if there will be a budget and a training roll out and if the Tribal NNADAP Advisors can participate in any training that is rolled out.

vii. Crystal Meth Subcommittee

- a) Everyone got a copy of the CD's with much positive feedback on the presentation. However there was also a high need to train the workers on Crystal Meth.
 - o Gloria shared that RCMP are just beginning to do training of Crystal Meth Facilitators.

Action # 7: Marcy will contact them to request RCMP to present to us at our next meeting.

Issue: lack of follow through when workers are trained. Workers are trained to deliver community alcohol and drug awareness sessions. But, at times do not conduct the very sessions they were trained to do. After much discussion, we agreed to best support through assisting one another to ensure information is delivered to community – ie discussing issue at quarterly tribal meetings, recognize workers that are doing well, interchange workers from community to community.

Action # 8: On a quarterly basis, in upcoming newsletters and on website MFNAC identify workers who took training and recognize workers that are delivering information sessions back in their communities. Each MFNAC member reports to Marcy on the activities from the areas that they are responsible.

NOTE: All NNADAP workers are now able to take AFM training for no cost as long as they are responsible for their own travel and accommodation.

Action # 10: Marcy will confirmed this in writing and distribute to all NNADAP programs.

viii. National Aboriginal Gambling Conference Report – Nora & Ed

- a) Conference was fairly well attended. It got good media coverage. It was well received – concurrent sessions were held.

Keynote Address provided by Dr Wynn, a great over-view of First Ntns casinos, gambling issues, and the fact we need to be prepared. Casinos are seen as a viable economic strategy for FN's. Strategy on how to monitor the current situation and develop action strategy to ensure responsible gaming committee in each community.

Traditional aspects of gaming vrs gambling was well received. VLT's – province is making it easier to make gambling accessible to all FN communities.

Given the socio-economic status of Fn's, FN people are most prone to problem gambling. 2% (mainstream) vrs 8-10% (FN)

There were evaluations done on each session and for the overall conference.

Action #11: MFNAC will acknowledge the high quality effort that Eli and other committee members. Card will be purchased by Mari for us to sign.

ix. CAS Manual

- a) Linda has worked at formatting, but is not quite finished. It will be complete before the end of June. It will then go to print and distributed by Marcy. Discussion from the committee on expending the amount of money from the commitments made to date. Marcy added that a motion was passed at the last meeting to print and distribute this document. Further, HQ is requesting information as to when the document will be printed and distributed.

Further discussion was that a previous motion that was accepted and passed could be withdrawn. No decision made on printing of CAS Manual.

- b) **Sagkeeng Family Treatment Centre – Board Update**

Accreditation process is underway with CCHSA. This is the Accreditation body that accredits hospitals, personal care homes, etc.

Contract is now being administered by Manitoba Region, it is no longer with Headquarters.

Board members were attempted to be recruited, but with only one new recruit – Treaty 3. There was a recent motion to make the current board members permanent. Programs and staffing are doing well.

Motion #4: That Bonnie and Eli no longer be the representative Board Members from MFNAC. They have been recruited as full-fledged members by Sagkeeng. Furthermore, there will no longer be a need to have the Board members report back to MFNAC. Linda/Nora carried. Bonnie abstained (due to conflict).

Day II
AFM Thompson Office

Present: Mari Stagg, I.R.T.C.
Susan Thomas, Sagkeeng Family Treatment Centre
Nora McLeod, Northern Independent Representative
Linda Grieve, S.E.R.D.C.
Bonnie Lounsbury, Southern Independent Representative
Gloria Rach, D.O.T.C.
Renita Paul, W.R.T.C.
Ed Azure, Nelson House Medicine Lodge
Bertha Fontaine, NACM

Introductions were made to John Donovan, our AFM host.

John welcomed us and shared that most referrals AFM receives in Thompson is from the NNADAP network. He stated that the transportation, paperwork and process of getting clients from the First Nations to the treatment program remains a challenging role. He wants to set up a better process for post treatment. The AA, NA, and GA programs are available, but there is room for improvement. He wants to see self help groups improve in the communities. There is a half way house program in this facility. If clients choose, they can stay after the 28 day program. The cost is covered by assistance or EI. The residents are assisted with life skills in obtaining employment or continuing education. Not an aboriginal facility and does not provide cultural program. 95% clients are Aboriginal. Staff does speak Cree. There is a welcoming environment. There are biweekly sharing circle run by a volunteer.

Problem Gambling services are provided by AFM. Val is the service provider. She can go into First Nations. Other workers can go into communities (providing travel costs are covered) Topics would include stages of change, motivational interviewing, levels of involvement and special requests for pharmacology, etc.

Ed responded that he hosts a Sweat every Wednesday evening and would welcome any AFM clients weekly.

John shared the plans for the new facility being planned in Thompson. The new centre is in the final planning stage and final budget decisions are being made. There are approx. 70% aboriginal staff, although currently there are not any in management. There was a question regarding training on cultural based programming. The response is that the program is provincial wide and is not mandated to do cultural based programming. The clients bring a lot of the cultural based teachings to the programs.

Val will join us just before noon to share info on her prgm. Motivational interviewing training will be available in July.

Reports from Sub Committee Reports – Continued:
x. Client Transportation

- a) Marcy has been providing continuous on-going training regarding client transportation. Marcy approves the out-of-province requests for travel. Public transportation businesses have charged NACM for client transportation.

Tribal Council & Community-based NNADAP Coord's also have a responsibility to orientate new workers on what the process is. The process is outlined in the manual. The treatment centre could make the requirement of checking to ensure transportation has been arranged up front.

In such instances Treatment Centres never pay for transportation. If a client is left stranded, the point of referral should be contacted.

xi. Wellness Diploma

- a) Intake that was scheduled for spring has been delayed until Sept. The new revisions are not yet input into the curriculum.
- b) There is still a process to develop the three streams. UCN is also involved as well as the national FNIHB pilot project. MOU is drafted between UCN and U of M. The program will be offered in Sept. in Nelson House.
- c) It is still currently not offering the addictions or counseling component.

Action #12: Gloria will clarify the information.

xii. Wait Time

- a) Letter to NNADAP Coord's requesting information on the wait time for clients referred to treatment has not yet been sent out. Concern was voiced about keeping stats for the entire year and letter needs to become a priority.

Action #13: Marcy will e-mail it out to us in order for us to encourage our workers to keep the stats.

6. Newsletter /Web Page

- a) Current contract with Web Designer is to design newsletter. We need to get the text topic ready and edited, formatted in Microsoft Word. Now that Gloria (our editor) is leaving her position, we need to identify who will replace Gloria after the first newsletter.
- b) **Action #14:** June – Gloria – liver disease, community initiatives, team approaches, FASD, Graduation trip, CCTP, website.
- c) **Action #15:** August – Linda – SERDC – HW CHCH, Mentoring proj. Tobacco initiative, youth conference, community articles, Dragon Boat Race – pictures, upcoming training.
- d) **Action #16:** October – Renita Paul - WRTC
- e) **Action #17:** December – Sagkeeng Family Treatment

7. Regional Management Accountability Framework Cluster Reporting – Bonnie/Marcy/Gloria

- a) Gloria shared that Ont. rejected the process. They want a pilot project done first. BC is ready to go. AMC worked with AFN to reject the process – until a pilot project plan was done. They want to identify the actual outcomes first. As a result AFN has signed off on pilot projects (50 sites). Gloria and Marcy have two different bits of info.
- b) Marcy shared information from First Nations & Inuit Health perspective, the new reporting clusters will be implemented April 1, 2008, in every First Nation community in the country.
- c) Two day information session was held for each Tribal Council area. The Manitoba Health Technicians discussed the issue in March. Gloria will forward the notes. Clarification needs to be sought from our respective Health Administrative Managers.

8. SASSI Training/Youth Assessment (DUSI)

- a) Each Tribal Council and some Treatment Centres received funding for SASSI. SASSI training was done by Mari Stagg in WRTC and CNTH area. Mari did the training as a non-certified trainer. In order to become a certified training SASSI requires 2 days of taping and your CV. However SASSI has not approved what Mari has done. Mari is not wanting to respond to SASSI. Now there is a question if those that were trained are not certified and they can't order the materials. It is suggested that now that we understand we have to pay, it is suggested that those wishing to order try again.

Action #18: PD sub-committee be formed to deal with item 8, 9 & certification from this agenda: Susan, Renita, Marcy, Bertha, & Ed. Most work can be done by conference call. Others can forward ideas and suggestions.

9. Training

- i. **Professional Development – forming sub committee**
- ii. **Crystal Meth**
- iii. **Crack Cocaine**
- iv. **Ecstasy**
- v. **Prescription Drug abuse**
 - a) **Counseling clients on new drugs**

NOTE: AFM has some training available on the above topics items I & II could be done in a half day, the prescription abuse – pharmacology could be set up and delivered over 2 days. Methadone will be set up in Thompson this year.

Question: Step down program? Hospital will take de-tox. If there are clients from First Nations requiring de-tox, AFM will assist them if needed.

Issue: there is lack of de-tox services available to NNADAP referred clients. When a client requires de-toxing, they have to go through AFM. There is not consistent process across the province.

Action #19: Establish a sub committee to develop a briefing note to identify a strategy:
Ed, Bertha, Gloria & Susan.

Val Charlette from AFM dropped into to share info on AFM training. Summer referral agent training in Thompson July 9 – 11, 2007. Debbie Merasity will do the day 1 training regarding referrals, level of involvement & stages of change and will be delivered in the day 1 afternoon. Day 2: Motivational Interviewing Day 3: Problem Gambling and Aftercare.

Prevention and education is also available from AFM. Twenty (first come first serve) will be accepted.

Val also does gambling prevention in communities. Viola does Brandon. There are also workers in Flin Flon and The Pas.

Course on Motivational Interviewing course is also available in a 3 day format in the fall. There is also a 3-day course in the fall on Stage of Change.

Ed is asking for training on how to counsel Crystal Meth. Gloria shared about Dianetics Method (Tois Riviere – challenged based (Minnesota Model) uses daily drug testing.

Question: Is there consideration for FASD clients. Yes – it is client based (material is audio based and well as written) Counseling is done client paced.

10. Correction Services Canada – Item addressed as Bertha invited representative to our September meeting.

11. NNAPF – Peter Constant has recently attended a NNAPF meeting on behalf of Eli, but was not present to present.
Discussion occurred on the term for Eli Beardy expiring as Manitoba's representative to the NNAPF board and the need to identify a new rep and alternative.

Motion # 5 : That Eli Beardy and Peter Constant two year terms are expired in June 2006, I move that Ed Azure and Linda Grieve be named as new representative and alternate respectively. Bonnie/Gloria.
Carried. Two abstentions - Ed and Linda declared as conflict.

12. CCHSA Accreditation Program – The program manager for the Accreditation file is hosting a two day even on June 18 & 19, 2007 in Winnipeg. Ed will be in attendance as will other MFNAC members.

13. Workplan for Enhancement Funding (\$305, 560) – Workplan drafted and is attached to the minutes as an Appendix.

14. Program Updates – Out of time, meeting adjourned as people needed to go and catch a plane.

